

ROUSAY SAILING CLUB

Rousay Sailing Club are meeting with Orkney Rowing Club

SUNDAY 1ST SEPTEMBER, 11AM

ROUSAY PIER

Come and just watch the rowing or
you can get involved and have a go!

DON'T BE SHY - GIVE IT A TRY!



Calling all Farmers!

The gas guns and scary men are available.

Anyone interested in using them please
contact Laura in the first instance
so we can get organised.

821485 or 07769976177

laura_french@btinternet.com or facebook



Contact the Editor

to submit an article or to subscribe:

kayleigh@aroundrousay.co.uk

01856 821360

Kayleigh Tipper, Howdis Meadow,
Rousay, Orkney, KW17 2PR

Deadline for the
next edition:
**27th Sept. 2019
5pm**

Late articles are not
guaranteed to be included.

September 2019

What's On this month in Rousay, Egilsay & Wyre

Sunday 1st September

→ Rousay Sailing Club: Orkney Rowing Club Visit,
Rousay Pier, 11am

Tuesday 3rd September

→ Taversoe InnQUIZition, The Taversoe, 8pm

Friday 6th September

→ Book Club, The Craithub, 1pm - 3pm

Saturday 7th September

→ Spinning Session, The Craithub, 11am

Tuesday 10th September

→ SWI Meeting, Rousay School, 8pm

Wednesday 11th September

→ Rousay Horticultural Society AGM, Rousay School, 8pm

Wednesday 18th September

→ REWDT's Meet & Greet w/ Gill, Church Centre, 12pm - 1pm

→ Well-being Drop-In Session, Church Centre, 12pm - 1pm

Thursday 19th September

→ Orkney Mobile Library visits Rousay & Egilsay

Saturday 21st September

→ NILPS Snorkel Session **BOOK**

Saturday 28th September

→ Macmillan Coffee Morning, The Craithub

Weekly Activities

Mondays

→ Coffee Morning, The Craithub, 11am - 1pm

→ Bridge, Rousay School, 7.30pm - 9.30pm

Tuesdays

→ Yarn & Yap, The Craithub, 11am - 1pm

Wednesdays

→ Triangle Club, Church Centre, 9.45am-1pm

Thursdays

→ Coffee Morning, The Craithub, 10am - 11am

Fridays

→ Rainbows, Brownies & Guides, Rousay School, 3.10pm -
4.30pm

Sundays

→ Fatburn Extreme, Rousay School, 11am

Coming Up

Wednesday 9th October

→ Rousay Community Association - Harvest Home Planning
Meeting, Rousay School, 7.30pm

Friday 25th October

→ Harvest Home, Rousay School

Tuesday 5th November

→ Fireworks Display, Rousay

Saturday 9th November

→ REW&G Community Council Meeting,
Rousay School, 10.15am

→ REWDT AGM, Church Centre, 10.15am

Thursday 14th November

→ Orkney Mobile Library visits Rousay & Egilsay

Friday 24th January

→ Burn's Supper, Rousay School

Sept. 2019

The Taversoe

01856 821 325



Opening Hours

Monday - CLOSED
Tuesday to Saturday
11am to 11pm
Sunday 11am to 10.30pm



Food Service Hours

Monday - CLOSED
Tuesday to Saturday
12pm to 9pm
Sunday 12pm to 8pm



The Taversoe InnQUIZition

Tuesday Sept. 3rd @ 8pm
Snowball Jackpot
Light Snack Supper

Last food orders 30 minutes before the kitchen closes

With limited space in our dining room, to avoid disappointment, I would kindly ask you make a reservation should you wish to come in for a meal.

Many thanks for your understanding, Cxx

My Favourite Thing to Make for Dinner is a Reservation



Rousay Tai Chi Chuan

Classes have now stopped as we only have 3 regular attendees and for funding applications we need 5 to make the group viable.

I am happy to re-apply for funding at any time if people are interested in having classes each week.

Please contact Helen for information on 07879 686509.



www.facebook.com/orkneytaichi



Thanks to REW DT for part funding the classes over the last 5 years.

Orkney Mobile Library

Visits to Rousay & Egilsay in 2019:

19th September

14th November



Scottish Women's Institutes

Patchwork & Quilting with Beth Spence

Competitions:

1. Basket of vegetables
2. Chutney

Tuesday 10th September, 8pm
Rousay School

SEPTEMBER @

THE CRAFTHUB CIC

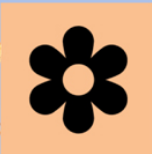
01856 821359

THE PIER – ROUSAY | CRAFTHUB@BTCONNECT.COM



OPEN DAILY 11am to 5.30pm
(Open @ 10am Thursdays)

Tea – Coffee – Soft Drinks
Homebakes – Light Refreshments
Orkney Ice Cream



COFFEE MORNING

EVERY MONDAY 11AM TO 1PM
EVERY THURSDAY 10AM TO 11AM

YAP & YARN

EVERY TUESDAY 11AM TO 1PM

BOOK CLUB
FRIDAY 6TH
1-3PM

SPINNING
SESSION
SATURDAY
7TH 11AM

MACMILLAN
COFFEE
MORNING
SATURDAY 28TH

COMING UP

WATER BASED OIL PAINTING WORKSHOP – INGRID GRIEVE
SPINNING WORKSHOPS

PLEASE PHONE OR POP IN TO REGISTER INTEREST – MANY THANKS

**PLEASE NOTE: ON FRIDAY 6TH SATURDAY 7TH AND SATURDAY 28TH
SEPTEMBER SPACE IN THE CRAFTHUB WILL BE RESTRICTED DUE TO
EVENTS TAKING PLACE.**



Workshops Supported by
Rousay, Egilsay & Wyre Development Trust



Plants from Rousay Growers

- Trees:** Alder Aspen Ash Whitebeam in containers, priced at £2 per foot.
Salix caerulea--£5 each
- Shrubs:** Cotoneaster HxS 1'x10' £2.50 each
Escalonia Apple Blossom HxS 3'x3' in 5 yrs. £3
Crimson Spire HxS 4'x4' in 5 yrs. £3
- Hebe:** Carnea 3 colour racemes
Blue racemes
Odera white flowers all £3.50 each
- Olearia:** Henry Travers HxS 6'x6' in 5 years £4
Macrodonata HxS 8'x8' in 5 years £5
- Juniperus Horizontalis** Emerald. A slow growing evergreen perennial.
A snip at £12 each.
- Potentilla** Elizabeth – yellow Tangerine Daydawn -peach /pink all at £4.25

- Unusual Plants:** Burdock: Roots and shoots make tonics HxS 5'x4' £2.25
Cardoon: Tall edible plants good in borders £2.25
Monarda/Bergamot: Aromatic border plant, attracts butterflies
£1 for 3 plants
Mullein: Used in homeopathy -long spikes of flowers £2 each
Salsify: Purple flowers; eat roots in November £2 each
Tagetes Mexican: Annual can grow to 6', and is used to kill elder
And couch grass £1/pot

- Perennial Flowers:** Aquilegia Mrs. Scott Elliotts mixture £2.50 each
Coreopsis Large plants with golden flowers £1.60 each
Dianthus Excelsior Hybrid shades of pink £1.50 each
Lupin 2 year plantlets £1.50
" Multi-crowned £4.80
Lithodora: Diffusa HxS 12"x20" blue, bell shaped flowers £3
Digitalis: Excelsior Hybrids £2 each

- Herbs:** Chives, Mints, Parsley, Sage in pots priced by size





Additional Plants from Rousay Growers

Shrubs all at £3.50 per pot

Brachyglottis	yellow flowers HxS 3' x 6' in 5yrs
Honeysuckle	fragrant flowers HxS 5' x 5'
Ribes	red flowers, fragrant leaves HxS 6' x inf

Perennial Flowers most at £3.30 per pot

Cranesbill	meadow blue HxS 24" x 12"
Geranium	wargrave pink mixed HxS 10" x inf
Kniphofia	mixed reds HxS 3' x 20"
Liatris spicata	blue spikes HxS 18" x 15"
Psilostemon	magenta flowers HxS 4' x 3.5'
Sweet Wormwood	yellow flowers HxS 3' x 2'

Herbs:

Hyssop aromatic, blue flowers

HxS 2' x 1' £3 per pot

Monkshood blue flowers

HxS 3' x 2'



Rousay, Egilsay & Wyre Development Trust

Community Update: September 2019

REW DT Treasurer & AGM

The board would like to thank those who applied for the vacancy of the DT's Treasurer/Director and would like to announce that the board voted Carolyn Tunbridge to hold this position until the AGM in November, when the members will get to elect/re-elect directors onto the board. More information regarding the AGM will be sent to all members in October. The AGM is planned for the 9 November.

The Pier Restaurant

We are working to complete the purchase of the Pier Restaurant building. The draft feasibility study has now been presented to directors, and the Board will be discussing this report, as well as consulting with REW groups and individuals, over the coming months.

The Pier Store

The REW DT is now the owner of the Pier Store and will be leasing this to the REW Heritage SCIO for development as a centre for displaying heritage artefacts. The Heritage SCIO will be working with, and funded by, the NILPS (North Isles Landscape Partnership Scheme) to upgrade this building to a high standard to ensure the safe keeping of artefacts, many of which it is hoped will be donated from Rousay families.

REW DT Website

Our improved website is now live and all the links etc. should be working. If you experience any issues with the new site, please can you let the office know ASAP so that we can get any issues fixed quickly. Thank you.

Rousay Lap Half Marathon

Information on this year's Rousay Lap Half Marathon will be in the Orcadian and on our Website and Facebook pages just as soon as we can get it uploaded. More details on the event will be in the next Review.

For Sale: Tracmaster BCS 740

Two Wheel Tractor, includes the following attachments:

- ◆ Rotovator
- ◆ Cultivation Kit
(includes Reversible Plough, Adjustable Ridger, Potato Lifter)
- ◆ Rotary Mower & Collection Box
- ◆ Additional steel wheels

Very good condition, 2010 model
but hardly used and annually serviced.

If interested, please send a sealed bid to the REW DT offices by 20th September 2019.

Offers must be over £1,000. Sold as seen.

If you wish to arrange a viewing before bidding, please contact REWDT.



Update from Rachael (Project Officer)



The purchase of Trumland Estate land is still in the hands of solicitors, inevitably this type of sale was always going to take time. Meanwhile, I have had meetings and site visits with Anne Bignall from the North Isles Landscape Partnership Scheme and Christine Skene from the RSPB to discuss the various projects they are running over the next 3 or 4 years to see if we might be able to collaborate on any. One possibility for working together is on a pilot scheme for their North Isles Habitat Survey, Management & Restoration project so we are researching potential locations for this on Rousay.



We joined in the national celebrations of Community Land Week by holding a family friendly event at the school on Saturday 17th August which was a fun afternoon of art activities with local children.

The 1st Rousay Rainbows, Brownies & Guides were in attendance to serve the food & drinks and had made a big effort to create an 'Afternoon Teas' atmosphere with vintage table-ware.

Big thank you to Marion's Shop & The Taversoe for organising the delicious cakes, quiches, etc!

Many thanks also to all the folk who attended and donated over £74 to the hardworking young waitresses for their efforts, this will be used to help fund future trips and activities for their respective groups.

There were displays of information about 'peatlands' and photographs of interesting local plants as well as projects done elsewhere on community-owned land.

Everyone seemed to enjoy themselves and I hope to be able to take the schoolchildren and teachers on a follow-up trip to the hill to see the tiny but beautiful 'Round-Leaved Sundew' in situ before the season ends.

Rachael



Well-being on Rousay, Egilsay and Wyre

Update from Sarah Foulds (Community Well-being Co-Ordinator)

The Scottish Government have set out the Health and Social Care Standards. These are what you would expect when using health, social care or social work services in Scotland.

The 5 standards are:

- For you to have the right support and care
- For you to be involved in your care and support
- For you to be able to trust those involved in your care and support
- To be able to trust the organisation who supports it
- If the service is in a building it must be of a high quality

And the 5 principles are:

- To be treated with dignity and respect
- To be treated with compassion
- To be included
- To receive responsive care and support
- For your well-being to be supported

For more detailed information about the Health and Social Care Standards you can visit:

<http://www.gov.scot/Publications/2017/06/1327>

For anyone who has received support from Rousay, Egilsay and Wyre's Well-being coordinator Sarah Foulds and believes the standards and principles have not been met please contact Rousay Egilsay and Wyre Development Trust on 821229 and ask to speak to Gill, Project Manager, or alternatively email gill@rewdt.org

My 'drop in' session this month will be at The Triangle Club on Wednesday 18th September 12 – 1 pm

Come along and have a chat and a cuppa!

Dementia Workshop

Thank you to everyone who came along to the workshop, if you missed it and would like to find out more about dementia, please contact Sarah Foulds at the DT Office.

If you would like to support people with dementia by becoming a dementia friend, just log onto www.dementiafriendsscotland.org and complete the learning session. Once completed you will receive a 'Dementia friend' badge and certificate and the knowledge that will help you support people you may know or meet who have a diagnosis of dementia.



Chair Exercise Group

Looking for volunteers!

Is anyone interested in running a monthly chair exercise group?

No experience necessary as training will be given.

Please contact Sarah Foulds at The Manse on 821 229 or e-mail sarah.foulds@rewdt.org to register your interest.

Sarah Foulds

Community Well-being Co-Ordinator

Tel. 821 229

E-mail: sarah.foulds@rewdt.org



European Union



gov.scot

EUROPE & SCOTLAND
European Social Fund

Investing in a Smart, Sustainable and Inclusive Future

REWDT

COMMUNITY HEARTBEAT

Defibrillator Volunteer Request

We now have two volunteer responders for this potential project, but for it to work well, we need a few more. If you are interested in being a volunteer, please contact the REW DT Office.

The Community Heartbeat Trust has contacted the REW DT to see if, as a community, we would like to operate a defibrillator scheme. The volunteers would be allocated a section of Rousay (normally the area they live in) and if an emergency occurred in their area they would be required to go to the nearest defibrillator and get this to the incident scene and if needed, operate the defib until the emergency services arrive. The defibrillators also require a daily check which takes around 15 seconds to do.

If we have enough volunteers the REW DT will look at getting defibrillators installed in zones (agreed with the Community Heartbeat Trust) around Rousay and arrange for full training on the use of the defibs. The REW DT will also cover the replacement battery, pads and any other costs involved in ensuring these machines are kept in perfect condition and ready for use.

Volunteer Driver Trial Scheme (off Rousay only)

The REW DT have been asked if it is possible to provide a car driving service using the electric vehicle. The idea is to have a pool of volunteers preferably PVG registered, who could hire the car and drive mainly but not exclusively the older residents who do not have access to a car, to appointments on Mainland Orkney. This could be for example, a visit to the hospital or to take a pet to the vets etc. The car hire would be paid for by the resident, not the driver.

At the moment we only have one volunteer, Sarah Foulds. If you wish to book Sarah, please call her on 07756 939413.

If you would like to volunteer, please contact the office, we would like to discuss with all those who offer their help, how this service could be managed successfully.

Meet & Greet

The next Meet & Greet will be held in the Church Centre on Wednesday 18th September 12- 1pm.

Pop along to the Triangle Club for a chat about upcoming projects or to complete any grant application forms.

I look forward to seeing you there.



Free Wi-Fi access

(plus access to a laptop and printer):

Monday: 10am to 3pm
Tuesday: 10am to 3pm
Wednesday: 10am to 3pm

If you need to use the Wi-Fi and/or the laptop and printer outwith these times, you will need to make an appointment with staff, who will be as accommodating as possible.



Regular help with a range of household tasks, at a rate subsidised by the Trust.

Contact Gillian at
Age Scotland Orkney direct:
01856 872438
gillian@ageconcernorkney.org.uk

Car Club

Hire our electric car from as little as £2.50 for 1 hour, or for as long as you need (e.g. 24 hours costs £18).



Book the car online or via the Office.

Car Club FAQs and T&Cs are available online.

Shredded Paper for Composting

We occasionally have bags of shredded paper available for composting. If anyone would like a bag, please contact the Office.



Our Current Grant Schemes

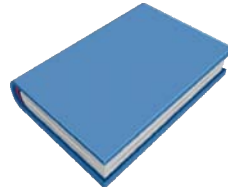


Well Being 100 Fund

Apply for 100% of the cost of well being activities, including Active Islands/Life memberships.



A maximum of £100 per person, up to 31st March 2020.
Open to adults & children.



Educational Bursary

Apply for up to 100% of the cost of a nationally-recognised qualification.



A maximum of £500 (adults) & £100 (children in primary/secondary education).



Driving Lessons

Apply for up to £500 towards the cost of your driving lessons with a qualified instructor.



A maximum of £500 per applicant.



Child Ferry Tickets

Apply for one book of 50 ferry tickets for children (5-18, in full-time education).

General Grants

Looking for funding which doesn't fit into one of our specific grant funds?
Individuals and groups are also welcome to apply for funding from our 'General Grants' fund.

Ready to apply?

To obtain an application form, please ring or call into the office. Completed forms can be sent by paper, or electronically to grants@rewdt.org

All applications must be received a minimum of **two weeks** before the training/event/payment due date, whichever is earliest, as well as a minimum of **two weeks** before the planned Board meeting date, to allow sufficient time for applications to be processed.

**The next two Board Meetings are planned for
Saturday 28th September & Wednesday 23rd October 2019.**

Does Your Organisation or Community Group Need Financial Support?

Why not let REW DT support you in finding external funding opportunities and then help you with your grant application. If you would like to speak to staff about this offer, please contact the office. Alternatively, Megan McEwen from VAO in Kirkwall also offers to support community groups with finding funding opportunities.

Opening Hours

Monday	10am-3pm (<i>drop-in</i>)
Tuesday	10am-3pm (<i>drop-in</i>)
Wednesday	10am-3pm (<i>drop-in</i>)
Thursday	<i>By appointment only</i>
Friday	<i>By appointment only</i>

Please feel free to call in with any queries, advice, or grant applications during drop-in times.

Occasionally, all of the staff are away from the office on DT business, so if you wish to speak to us, it is always better to phone first, to make an appointment.



Telephone: 01856 821 229
General E-mails: info@rewdt.org
Grants E-mails: grants@rewdt.org

Visit our website:
www.rewdt.org



[facebook.com/rewdt](https://www.facebook.com/rewdt)

Directors:

John Garson (Chair), Kayleigh Tipper (Vice-Chair),Carolyn Tunbridge (Treasurer), Christina Cox, Clare Daintith, Angus Flaws (co-opted), Mark Hull (co-opted), Carole Maguire, Alison Mainland, Bryan Milner, Eric Shortland.

Rousay, Egilsay and Wyre Development Trust is a charitable company limited by guarantee.

Co. Reg. No: SC318527 Charity Reg. No: SC040407

Registered Office: The Manse, Rousay, Orkney, KW17 2PR

Stephen Clackson's Letter from School Place

Reporting on the exploits of your councillor in Orkney and beyond

July/August 2019

Before the recess, I took two trips to Inverness on behalf of the Council, the first to attend the annual conference of the University of the Highlands & Islands Foundation, and the second to attend a meeting of the Highlands & Islands Science Skills Academy Leadership Board. (I am OIC's representative on both of these bodies.) There and back, I saw how work is progressing on improving the A9 at the Berriedale Braes. (Little did I think that during the recess, out of the blue, I would need to travel to Inverness yet again—this time to attend the Raigmore Hospital Eye Clinic as a patient!)



At the UHI Foundation Conference. (Spot the back of my head.)



Inspecting progress of the A9 improvements.

Back in Kirkwall, I attended, by invitation, a Special Development & Infrastructure Committee meeting, went to a Special Policy & Resources Committee meeting, and rounded up the "Council year" with the General Meeting.

During the recess, I visited Eday with the Sanday congregation for a church link-up and mingled with Eday constituents at a car-boot sale afterwards. At the Sanday Show this year, the Clackson family had exceptional poultry successes, winning Poultry Champion (and shield for Best in Poultry Section), Reserve Poultry Champion, and all four poultry trophies: Best Goose/Gander, Best Duck/Drake, Best Hen/Cockerel, and Best Bantam! The day before, whilst preparing our poultry for showing, our bees swarmed (the first time they've done this for six years). We were able to catch them as they lingered in clumps on a fuchsia bush and later get them re-housed in an empty hive. Lucky that the old queen did not wait until the next day to lead her workers out of their original home, as we may have not been around to apprehend them. Imagine if a cloud of bees had suddenly descended on the showground! It was pleasing to see that folk from Sanday's neighbouring islands of Eday and Stronsay had taken advantage of the ferry timetable changes to come along to the Show, and that folk travelled from distant Papay to provide the evening's musical entertainment—all good inter-North-Isles engagement. Having my two sons home for the summer meant being able to utilise the good weather to get many of our outside maintenance jobs done.

Part way through the recess, I went back to School Place to meet with council officials to discuss the BBC 5G trial in Stronsay, as some people are worried about it. Measurements taken at Stronsay School have demonstrated that the power level there is **1000 times below** the recommended safety level. Furthermore, the BBC has confirmed that the frequency used for the trial is the same as that used for decades to broadcast TV signals (to which we've all long been exposed without any obvious ill-effects). Based on this reassuring information, I am content for the trial to continue to its conclusion.

I spent the last afternoon of the recess at a Ness of Brodgar open day. One current hypothesis is that the Brodgar buildings were a central meeting place for the elders of the various Orkney communities and their advisors—a sort of Neolithic OIC!

The new "Council year" commenced with the biannual Inter-Isles Air Services and Ferry Services consultative forums to discuss, among other related matters, next year's summer timetables.

At the moment, I am re-reading "Three Men in a Boat" by Jerome K. Jerome. It's a humorous tale about a two-week-long boating holiday taken by the author, his two friends and his dog, Montmorency along the Thames from Kingston to Oxford and back. Although the book was first published 130 years ago, its first chapter could serve as a lesson to all of us in the Internet Age.

Cllr Dr Stephen Clackson
West Manse, Sanday
stephen.clackson@council.orkney.gov.uk

You can download "Letter from School Place" from fsp.pbworks.com





Rousay Horticultural Show Report 2019

The Rousay Show took place on Sunday 4th August with entries judged by Mrs F. Mitchell, Mrs K. Petrie, Mrs E. Slater, Mr Charles Gray and Mrs Sheila Gray. Following afternoon teas, RHS President Shelagh Grieve welcomed an excellent turnout of visitors to the show, and announced the winners, with prizes being presented by Maggie Drosso.

In the tattie-in-a-bucket competition, winner of the Grieve Tankard was Shelagh Grieve with a crop of 4lb 3.4oz, second place was Freda Murray (3lb 10.4oz), and in third place was George Muirhead (3lb 9.4oz). The winner of the Cormack Cup for under-16 entries was won by Poppy Barneveld.

Winner of best exhibit in textile crafts was Murray Stewart. Winner of the best exhibit overall in handicrafts was Tony Mason. Awarded the Archer Clouston Crystal Bowl for most points in handicrafts was Hazel Pickering, and the RHS Quaich for most points in textile and handicrafts was awarded to Alison Mainland.

Winner of the best exhibit in plain baking went to Emma Soames. The best large cake was won by Alice Mainland and the best exhibit in under 16's baking was Penny Soames. The Garson plate for the person with most points in plain baking was won by Alison Mainland and the RHS Rolling Pin for the most points overall in baking went to Alice Mainland.



Best exhibit in Textile Crafts & Best exhibit in show overall - a shawl by Murray Stewart



Best exhibit in Floral Art - Alice Mainland

Winner of best exhibit in dairy and preserves went to Marion Clark and was also awarded the RHS Clock for the most points in dairy and preserves.

Winner of the Ronald Mainland Cup for Best Onions was Andrea McKee and Patricia Prater won the best exhibit in vegetables and fruit. Ian Donaldson won the longest carrot and most points in potatoes winning the RHS Quaich. The Shearer Cup for most points in the vegetable and fruit section was won by Ed Firth.

Best exhibit in cut flowers was won by Sally Turner, also winning the RHS Tankard for most points in cut flowers. Best flowering plant, winning the Ritchie Tray, was won by Doreen Taylor. Frances Roebuck won the Fairley Salver for most points in floral art. Alice Mainland was the winner of the best exhibit in floral art. The RHS Tankard for most points in flowers was won by Sally Turner. The Clark Shield for most exotic plant went to Ian Donaldson.

Most points in primary went to Poppy Barneveld who was awarded the Primary Cup. Most points in secondary went to Kate Friel, winning the Hulme Cup.

The Mainland Salmon Quaich for most points in traditional skills was won by Alice Mainland and Hazel Pickering.



Mollie Flaws won first place for her 'Vegetable Animal'

The Liz Firth Memorial Cup for Best Exhibit in Show was won by Murray Stewart for a beautiful crochet shawl.

The individuals with most points in their districts were; Wasbister – Dawn Grieve, Brinian – Alison Mainland, Sourin – Frances Roebuck and Frotoft – Hazel Pickering.

The person with the most points overall in the show, receiving the Flett Shield, was Hazel Pickering.

The district with the most points this year, winning the District Shield, was Sourin.

Rousay Horticultural Society

AGM

Wednesday 11th September,
8pm, Rousay School

Come along with ideas
for next year's show!

Norse Hall discovered at Skail, Rousay, Orkney

A large Norse hall has been discovered during excavations at Skail Farmstead, on the island of Rousay, Orkney. The hall probably dates to the 10th to 12th centuries AD and was discovered below a more recent farmstead. A team of archaeologists from the University of the Highlands and Islands Archaeology Institute, Rousay residents and students have been digging at the site for a number of years, investigating the later stages of the farm complex and its middens (waste heaps), with a particular focus on past diet, farming and fishing practices.

Project co-director Dr Ingrid Mainland said “We have recovered a millenia of middens which will allow us an unparalleled opportunity to look at changing dietary traditions, farming and fishing practices from the Norse period up until the 19th century.”



The exciting find this summer, was that walls extending from below the extensive settlement mound have been confirmed as a large Norse building, which is likely to be the hall. Substantial 1m wide stone walls were found 5.5m apart with internal features such as stone benches along either side. The building appears to be in excess of 13m long. The hall is oriented down the slope towards the sea. Finds have included steatite (soap stone from Shetland), pottery and a bone spindle whorl. A fragment of a Norse bone comb was also found.

Although only partly uncovered at this stage, the Skail hall has parallels with other Norse halls excavated in Orkney, such as Snusgar, and elsewhere in Scotland. The find provides tantalising evidence for the earliest phases of inhabitation on this farm and settlement mound which may well have been inhabited for over 1000 years. It provides another piece to the 5000 year jigsaw along this archaeology rich stretch of coast at Westness on Rousay – the ‘Egypt of the north’.

The excavation is part of the Landscapes of Change – Archaeologies of the Rousay Clearances and Westness Estate project. The aim of the project is to explore the farmstead at Skail from the Norse period to its abandonment in the nineteenth century. The present farm at Skail dates to the 18-19th centuries and was part of the Rousay clearances during the mid-19th century; however the name Skail suggests the site was home to a Norse hall or drinking hall, and was a high status site. Westness is mentioned in *Orkneyinga saga* as the home of Sigurd, a powerful chieftain, so it was always likely that a Norse settlement was located somewhere at Skail. Earlier structures have been found below the present farm during previous seasons, and this season explored more of the Norse phases of the site.

Norse Hall discovered at Skail, Rousay, Orkney

Project co-director Dan Lee said “The exciting news this season is that we have now found the hall at Skail, as the place name suggests. You never know, but perhaps Earl Sigurd himself sat on one of the stone benches inside the hall and drank a flagon of ale!”



The project is led by Dr Ingrid Mainland, Dr Jen Harland, Dr Sarah Jane Gibbon and Dan Lee from the UHI Archaeology Institute, based at Orkney College. Funding is from the Orkney Islands Council Archaeology Fund and the Rousay, Egilsay and Wyre Development Trust. Many thanks to landowners Russell and Kathryn Marwick.

More project information:

<https://www.uhi.ac.uk/en/archaeology-institute/our-research/research-projects/landscapes-of-change-archaeologies-of-the-rousay-clearances--the-westness-estate/>

3D models of farmstead:

<https://archaeologyorkney.com/2019/07/04/uhi-archaeology-institute-team-return-to-skaill-farm/>



Allotment
Association



Allotment Association

Polytunnel plots are all taken, but we still have 3 outside plots available if anyone is interested, and the equipment is still available for hire. This year's plot fees are now due (for those that have not already paid) and you will be getting an invoice in the post very shortly.

For information about the allotment plots, polytunnel plots or equipment hire, please contact Ian on 07879 496686.

We have **Tricoflex 25mm pipe @ £3.15 per metre** - please ask Ian if you would like to purchase some.

CALL FOR DIRECTORS!

**INTERESTED IN CUTTING-EDGE
RENEWABLE ENERGY EXPERIMENTS?**

**PASSIONATE ABOUT KEEPING OUR COMMUNITY TURBINE
TURNING AND GENERATING MONEY FOR OUR ISLANDS?**

CONCERNED ABOUT FUEL POVERTY?



**Come join the Heat Smart Orkney Board and get involved –
we want to hear your views!**

LOW TIME COMMITMENT:

The HSO Board only meets 4 times per year!

**Contact the REWDT Office for information or an application
on 01856 821 299 or by email on info@rewdt.org**

Closing date: Friday 27th September 2019 at 5pm



***DIVERTING UNUSED RENEWABLE ENERGY
INTO AFFORDABLE HEATING***



Meeting our current and future needs

REWIRED Limited Turbine Productivity Report

Productivity at the turbine for the past 3 months, together with reported energy diversion from the HSO project is:

2018/19	Actual productivity (kWh)	% Productivity (against 37% target)	% Curtailment (against 7% expectation)	HSO Diversion (kWh) <marginal curtailment only>
May	186359	27.8%	20.7%	426.331
June	159622	24.6%	42.1%	1999.248
July	147074	22.0%	33.8%	927.275



The Enercon Rotorblades team have recently visited the site and carried out inspection and maintenance – most of you will have seen the enormous cherry picker that arrived on Rousay! They finished their inspection earlier than expected and were impressed at the condition of the blades. They have removed the tape that was causing the noise and are planning to paint the blades when they next visit. They informed REWIRED Ltd that the blades should be in adequate working order until their next planned visit in 3 to 5 years' time.

Following our 4-year maintenance which was also carried out in August, we are hoping the turbine will be trouble free coming up to our most productive time of year - although I suppose we can never quite tell what the future holds!

If you have any questions about the work of REWIRED Ltd., please let me know on laura@rewdt.org

RCA

Rousay Community Room Bookings

Community Rooms must be booked in advance.

Failure to book may lead to the room you require being unavailable.

To book for your function, contact Laura:

Mobile: 07884 041 901

E-mail: lar.06@hotmail.co.uk

Opening Hours

Supervised Sessions

Monday	19:00 - 21:00 *
Tuesday	19:00 - 21:00 *
Wednesday	x x x
Thursday	19:00 - 21:00 *
Friday	x x x
Saturday	16:00 - 17:00
Sunday	x x x

* The gym will close at 20:15 if empty

- Buddy System Hours -

Due to staff changes at the school the Buddy System hours have been revised.

Buddy System

Term Time

Monday	08:30 - 16:00
Tuesday	08:30 - 16:00
Wednesday	08:30 - 16:00
Thursday	08:30 - 16:00
Friday	08:30 - 16:00
Saturday	x x x
Sunday	11:00 - 12:00**

** During Rousay FBX

We will publish any changes to the above hours and any additional hours of opening on our Facebook pages

KETTLERCISE®

COMING SOON!



FATBURN EXTREME

Rousay Community School Hall
Sunday 11am

FREE - ActiveLife & ActiveIslands
50p - ActiveBudget Members
£4.40 - Standard 30min Class Fee



ActiveIslands



ActiveLife

Class and Gym Prices

30min Classes	- £4.40
45-60min Classes	- £6.20
Gym Session	- £5.20
Gym Inductions	- £14.20
Personalised Programme	- £13.40

ActiveBudget

50p per person per activity

For Information on ActiveLife & ActiveIslands Memberships Visit:
www.pickaquoy.co.uk/membership/

POW!

BOXERCISE®

WILL BE BACK IN OCTOBER



Keep up to date with our official Facebook page and groups:

"Rousay Healthy Living Centre" "Rousay Boxercise"
"Rousay Fatburn Extreme" "RHLC Buddy System"

